

[Orientation Outline]

- 1) About the Test
- 2 Test Day Flow
- 3 Result Notification Flow
- **4** About Consultations
- (5) Confirmation of Intention to Take the Test

We will be discussing steps 1 to 5 individually. Your time and attention are very much appreciated.

1 About the Test

This test is free and anonymous.

Blood extraction will be done by a registered nurse.

You will get your results online.

Your privacy will be protected!

<September 7>
Get tested

- You will be identified by your application ID (reservation number).
- Blood extraction will be done by a nurse.
- The password for viewing your results will be indicated on the test voucher you will get at reception.

<From September 8>
Get results

 You may access your results online. (Your application ID, password, and date of blood extraction are required.)

The test may be cancelled in the event of a weather emergency or natural disaster. In that case, notices will be posted on the official website (itesting.jp/en/) and on the Nagoya City website (https://www.hiv-stiguide.city.nagoya.jp/). Please check before coming to the test.

1 About the Test

[Infections tested]

HIV

Syphilis

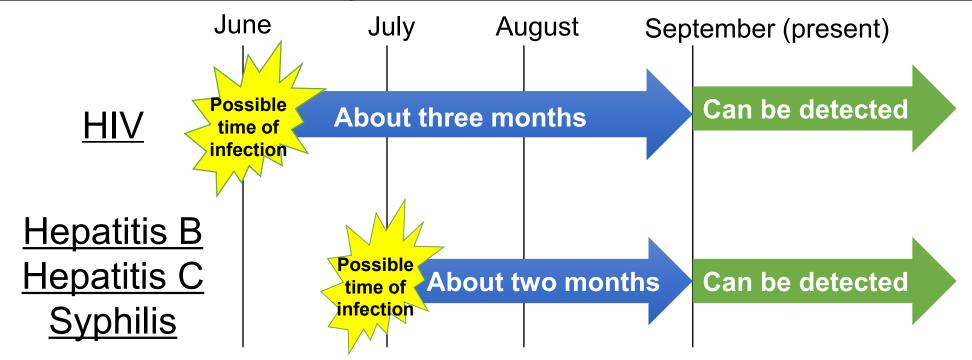
Hepatitis B

Hepatitis C

* You will be tested for these four diseases.

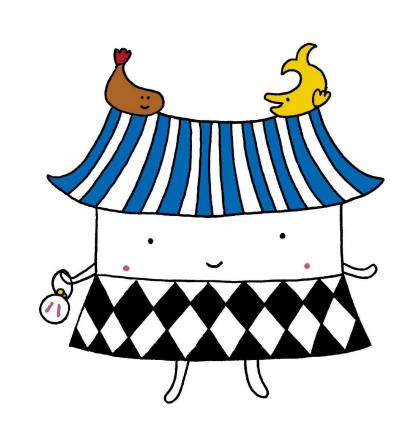
Please take all four types of tests even if you have contracted them in the past or are unsure of your medical history.

1 About the Test How soon after I get infected can the test detect it?



- * HIV may be detected three months after infection. Hepatitis B, hepatitis C, and syphilis may be detected two months after infection.
- * **HIV**: The test will detect infections that occurred by early June 2025.
- * Hepatitis B, hepatitis C, and syphilis: The test will detect infections that occurred by early July 2025.
- * Diseases contracted before the time of infection indicated may not be detected.

When you make your appointment, please...



Make sure to enter valid contact infol

Please enter a valid **email address** or **phone number**.

Nagoya Medical Center will contact you ONLY IF there is something to report and your results have not been accessed two weeks after the test.

* Your contact information will not be shared with any other organization.

Take a screenshot of your confirmation screen with QR code

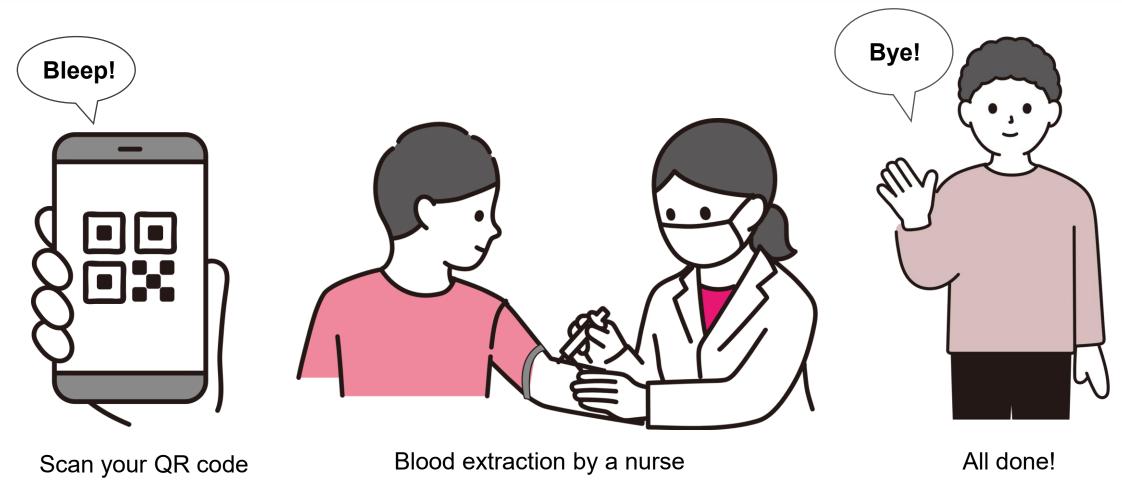
When your reservation is complete, you'll see a screen like this one:

Take and save a <u>screenshot with the QR code</u>
<u>visible</u>. Showing the QR code at the test site
reception will ensure you can be tested without
any delays. Your cooperation will help the testing
process run smoothly.

以下の内容で検査予約が入っています。 【予約日時】 Reservation Date 9月 7日(日)14時00分~14時15分 【予約番号】 Reservation Number 05682145

Please note that saving this sample does not mean you have made a reservation.

(2) Test Day Flow



* All syringes and equipment are new and sterilized.

(3) Results Notification Flow

Please complete our survey before getting your results

Purpose	Help us improve our testing and prevention program
Privacy Protection	All responses will be kept anonymous
Method	Online survey on the test results website

3 Results Notification Flow

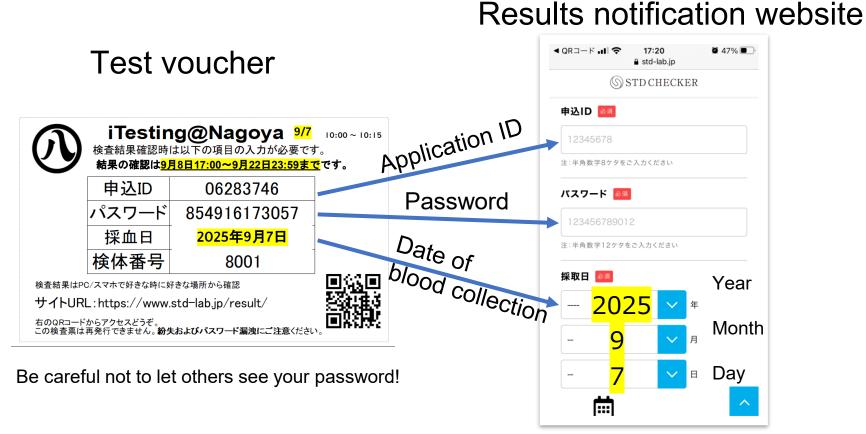
From September 8 at 5 p.m. Date and time to September 22 at 11:59 p.m. How to see Access the website on the test voucher your results given at the reception desk. The test voucher you received at the reception desk on the test day What you need (Your application ID, password, and the date of blood extraction will be indicated on the test voucher)

It is important that you check your results in order to verify your health condition.

3 Results Notification Flow



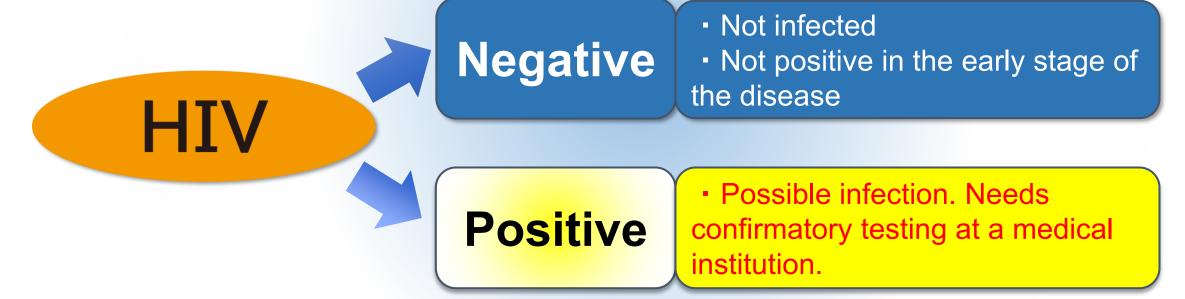
Access the results notification website



Input the information shown on your test voucher.

The test voucher cannot be reissued. Please be careful not to lose it.

[Interpretation of the test results] (1) HIV



[Interpretation of the test results] (2) Hepatitis B

Hepatitis B

Negative

- Not infected
- Not positive in the early stage of the disease

Positive

 Needs confirmatory testing at a medical institution

[Interpretation of the test results] (3) Hepatitis C

Negative

- Not infected
- Not positive in the early stage of the disease

Hepatitis C

Positive

 Past and possibly current infection. Needs confirmatory testing at a medical institution.

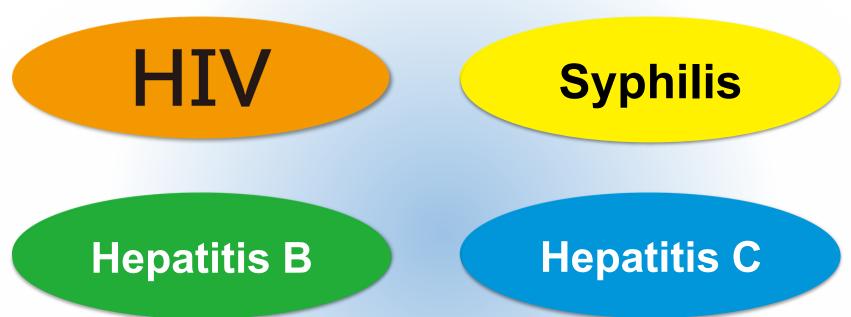
[Interpretation of the test results]

(4) Syphilis

As of 2023, we use RPR and TP tests.

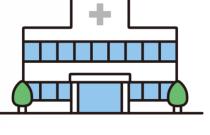
RPR	TP	Diagnostic comments
(-)	(-)	Shows no infection.
(-)	(+)	Shows either an early stage of infection or syphilis after receiving treatment. • Re-testing recommended in 2-4 weeks
(+)	(-)	Shows either an early stage of infection or a biological false positive. • A "biological false positive" is when you have no infection and the positive is due to other factors. • Re-testing recommended in 2-4 weeks
(+)	(+)	Shows infection. See a doctor as soon as possible.

What to do if you test positive?



 You will be referred to Nagoya Medical Center or another reliable medical institution.

Further testing will be done to confirm your current medical condition and to determine if treatment is necessary.



For those with HIV, Nagoya Medical Center will provide free confirmatory testing.
 (You may request anonymity when registering for this test.)

If your HIV test comes out positive

A confirmatory test at Nagoya Medical Center is required.

With proper medication, you may not develop AIDS, and you can live a normal life.

If you do not seek medical attention...

you may develop AIDS and face the risk of dying
or suffering serious effects.

4 About Consultations

Individual consultations are available (in Japanese only)

(Please mention iTesting when you seek a consultation)

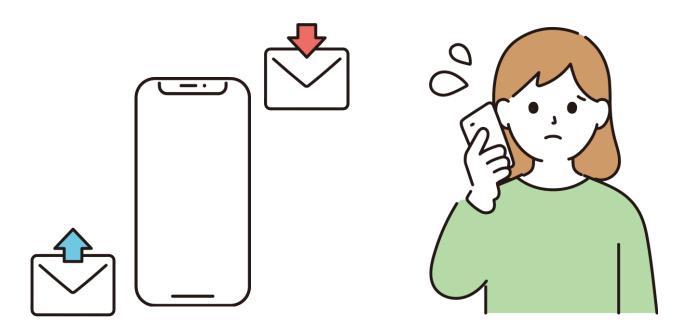
Consultation on testing and sexually transmitted diseases

Inquiry form	STD Laboratory (Testing company) https://www.std-lab.jp/contact/
Phone	STD Laboratory (Testing company) Tel: 0120-712-680 Monday-Friday (except national holidays) 9:00-17:00 PLACE TOKYO (NPO) Tel: 0120-02-8341 Monday-Saturday 13:00-19:00 Thursday 15:00-18:00 HIV counselor available (except national holidays/winter holidays) * One consultation lasts about 30 minutes. Nagoya City Infectious Disease Prevention Division Tel: 052-972-2631 Monday, Thursday, and Friday 9:30-16:00 HIV counselor available (except national holidays/winter holidays)

4 About Consultations

Individual consultations are available

Consultations are available via email and on the phone



Contact information is listed on the results notification page.

5 Confirmation of Intention

1 About the Test	 You will be tested for four different infections: HIV, hepatitis B, hepatitis C, and syphilis. The test can find HIV if you were infected by early June 2025, and Hepatitis B and C and syphilis if you were infected by early July 2025.
2 Test Day Flow	 Scan your QR code at the reception desk. A test voucher will be issued. A registered nurse will extract your blood.
3 ResultsNotificationFlow	 You can view your results online from September 8 at 5 p.m. to September 22 at 11:59 p.m. Your application ID (reservation number), password, and date of blood extraction are required for you to access your results. This information will be indicated on your test voucher. Test results will be indicated as positive or negative. Syphilis results include diagnostic comments.

* If you have any questions, please use the consultation in 4.



- Individual consultation is available for questions about the test.
- If you test positive, the contact details for individual consultations will be shown on the notification screen.

Do you want to be tested?

★If you wish to be tested ...

Make an appointment

Blood extraction

Check your results online

You are giving your consent to the testing when you schedule an appointment.



